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letters

YOU GET WHAT YOU PAY FOR IN A MAYOR

In a recent letter (*EW* 12/31), Kate Goldsworthy claimed that Mayor Lucy Vinis has had an "unremarkable tenure" and that we deserve a more progressive mayor. I agree 100 percent. The question is, how can we draw more highly qualified progressives to run for mayor and city council? One easy answer is better pay.

The mayor and city councilors who live in the public eye, often under intense scrutiny, make a measly salary of around \$15,000. This poverty-level salary limits the pool of possible candidates, oftentimes leaving us with uncontested races and poor representation. If the mayor and councilors were paid roughly the same as we pay county commissioners, around \$75,000, we would draw significantly more candidates into these races. The pay increase is a drop in the bucket, but has the potential to help transform our city. Paying the city's policy-makers povertylevel wages is incredibly stupid.

When I spoke with incoming councilor Matt Keating, he agreed that the mayor and councilor positions should be full-time positions and that they deserved professional compensation. He also pledged that he would work to get that done. I hope Councilor Keating will keep his word and that he will get plenty of support for this common-sense reform.

Joshua Welch Eugene

CAN EUGENE WEEKLY GO DAILY?

Perhaps you have also noticed that *The Register Guard* is no longer a local news source. The Gannett people have no local reporters in Eugene. Maybe you folks at *Eugene Weekly* could consider reorganizing to become *Eugene Daily* so the local citizenry could actually have a daily newspaper.

Thanks for your consideration. My wife, Carol, and I are planning to cancel our subscription to the *RG*, anyway. It's too bad. When the Bakers ran the paper it was first class local news.

Larry Post Eugene

Editor's note: In fairness to The Register-Guard, the paper still has a handful of reporters based in Eugene. Our hope is that the RG once again becomes a robust daily news source, so we can continue to provide an alternative view.

MOVE AHEAD THREE SPACES, MR. BOLLMANN

I glanced over the game board for the Eugene Fairyland game board enclosed in *EW*'s Dec. 3l edition and found most of it moderately amusing until I came to spaces towards the end of the game. Then this jumped out at me:

"You attend a City Council meeting and get appointed to a subcommittee.

THIS MODERN WORLD



AND DON'T EVEN GET ME STARTEL ON THE BRAIN-EATING SPACE PARASITES! LIKE WE DIDN'T HAVE ENOUGH PROBLEMS ALREADY?

LET ALONE THE UNSPEAK-ABLE LOVECRAFTIAN HORRORS CRAWLING OUT OF THAT TRANSDIMENSIONAL PORTAL BENEATH LOS ANGELES!









Lose a turn."

Score! My faith in *Eugene Weekly* is restored!

Art Bollmann Eugene

INDIVIDUALS CAN HELP THE HOMELESS, TOO

Imust admit the state of homelessness in Eugene is indeed very sad. Every time I see a homeless person walking around with all their worldly belongings I feel so horrible for them. I'm also so grateful that it is not me. I truly cannot imagine what life would be like being in that situation. A daily nightmare.

With the recent clear-out under the Washington Jefferson bridge, I can't help but wonder how difficult this decision must have been for our city leaders. I realize the action seems quite harsh but, sadly, I feel it is necessary. The level of filth that must have been accumulating, coupled with the proximity of its occupants, was ripe for a super spreader situation in this time of global pandemic. The level of tolerance and empathy Eugene's citizens have is refreshing.

I say to these people, reach out and invite one of those so many that need help to come to your house. Perhaps they can set up a camp in your backyard. You can provide them sanitation stations and food. I am sure it would be greatly appreciated. So, who is ready for that? Anybody?

John Carlson Eugene

CLIMATE CHANGE IS ALSO AN EMERGENCY

With an abundance of caution, the state has shut down whole industries and mandated certain public behaviors in order to save human lives this past year, correct? Why does the emergency of climate change, deforestation, extinction of wildlife and poisoning of our children's watersheds not warrant extraordinary actions from our government?

Clearcutting of forests should be banned. Spraying poisons to help plant trees and crops should be banned. Burning fossil fuels should be banned, and alternate energy sources should be provided. Wild animal life and their habitats should legally have the same protection that people do (or will).

The government has shown that they can make tough decisions and take measures that follow scientific advice even when that causes economic pain and public unrest. My hope is that the power of the state will be used to heal our environment and extend rights to other than humans, even over the objections of corporations, greedheads and the ignorant.

Anthony Willey Cottage Grove

GOV. BROWN DESERVES OUR GRATITUDE

Oregon's COVID rates of infection have been comparatively good for some time. Today we are 48th in the nation in cases per 100,000 population. Hooray!

Thanks to Gov. Kate Brown, we are safer than 47 other states. Brown's intelligent decisions to follow the science and her courage in the face of angry mobs are commendable and saved us untold misery and death.

Thanks are also due to the majority of Oregonians who have followed the Centers for Disease Control and state rules to protect themselves and their neighbors.

Finally, huge thanks to our citizens who stayed home, did not travel nor gather for the holidays. These selfless Oregonians have undoubtedly saved lives.

As we enter this darkest of winters, may many more of us take additional precautions to save the health and lives of others as well as our own.

Susan M. Connolly Eugene

DEFEND OREGON'S SOUTHERN BORDER

Reality can be a hard pill to swallow, as is speaking the unspoken truth of it. If 2020 taught us anything, it is that desperate situations call for desperate measures.

Oregonians must recognize that a catastrophic threat exists at our southern border and it will for some time.

In February, when COVID-19 was ravaging Washington, I would commute 40 miles on I-5 to work. What struck me was how many vehicles brimming with personal belongings were driving south. It was evident there were more Washingtonians on the freeway than Oregonians. What this indicated was the fleeing into Oregon and California of those seeking safety and resources from the virus.

I recently returned from three weeks in California. I tested immediately before leaving, with results in six hours. What startled me was the widespread lack of wearing masks and social distancing. There was this dangerous, pervasive, devil-may-care attitude. It is axiomatic why every 10 minutes someone dies of COVID there.

We need to protect Oregon by rigorously screening those coming from the south. Yes, establishing entry check-points assuring visitors and those relocating have proof they are COVID free, and such evidence must be within 72 hours (this includes truckers). It is ludicrous to believe people will self-quarantine for 10 or more days.

With the continual mutation of the virus that is increasingly more contagious, this is an absolute unpopular necessity if we are to safeguard our state. It won't fully solve spreading but will help contain it.

James Houston Eugene

WE NEED CHANGE NOW

Yes, we need change, fast. Yet carbon taxing will be too hard to initiate, too slow and inadequate to the real rate of warming and global ice-melt, to prevent increasingly catastrophic years.

Carbon tax will help. Yet almost everything we generate, produce, consume, use, eat and grow now involves about 85 percent waste (energy and/or water, etc.). So accelerating transition to a waste-free national culture will be faster. France's interior ministry found that increasing covercrops on bare fields by 0.4 percent per year will absorb increasing emissions of

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greenhouse gases. Will that save coastal infrastructure, nuke plants, cities, etc.?

Annual rates of ice-melt and warming now accelerate exponentially. Science shows all the "forcing" factors increasing, at much greater rates. So to stop or reverse ice-melt and average sea-level increase, sane policy would increase cover-crops, reforestation, dedesertification and habitat restoration at an accelerating rate.

Yes, enjoying simplicity is a great idea. Yet addictions to energy/water-wasting habits, buildings, vehicles, appliances, toys, consumer goods, amusements and, increasingly, crypto-currencies are worse than heroin.

If we want a sustainable civilization, we need mass-rehab and a change of heart enabling changing minds — about reality, real possibilities, the future and appropriate response.

Michael Monterey Eugene

LET'S MAKE 2020 AN INSPIRATION TO LIVE BETTER

2020: a year of pandemic, George Floyd's murder followed by sustained, sometimes violent protests in Portland, and the worst wildfires in Oregon's history.

2020 also includes the death of one Oregon's greatest writers, Barry Lopez. Lopez lived near the McKenzie River, an environmental icon. Ironically, the fires that destroyed Lopez's original manuscripts almost certainly had their origins in climate change.

How ought we to respond?

In *A Distant Mirror* (1978), an account of the Black Death during the Middle Ages, historian Barbara Tuchman insists, with an eye to the Holocaust as well, "An event of great agony is bearable only in the belief that it will bring about a better world," and if "it does not," she argues, then "disillusion is deep and moves on to self-doubt and self-disgust."

The great agony of the 2020 fires will be bearable only if we Oregonians believe somehow the wildfires will bring about a better world.

That means we must change a way of life that produces both global warming, according to a strong scientific consensus, and the conditions of Floyd's death.

Yale sociologist Jeffrey Alexander writes, "It's what Hegel called 'the cunning of history.' It's a tragedy that George Floyd was murdered. But it's almost like the killing of Jesus Christ. A death can become an opportunity for a revelation about inclusion, incorporation and transcendence."

May the 2020 wildfires inspire environmental legislation corresponding to the sublime if not divine value of the natural environment Lopez's work did so much to articulate.

am Porter Eugene

GOODBYE, LOSER

Let's look at King Trump's legacy: the pandemic he walked away from, calling it a hoax, massive unemployment, people in line for food, businesses closing, dead people. And that is the way you Make America Great Again! He seems to be the only person that had COVID-19 for four days and is healthy again. Really! I call it a hoax and his way of diverting attention away from the first horrible debate.

I'm guessing that the 74 million people voting for him are working and eating and have no one that they know of with the virus and have either recovered or died. And, of course, the election whereby he became a loser. Instead of showing some class and being an upstanding person, he needs to be down and dirty and fight it until the end, and he will still lose. Good riddance!

Marlene Pearson Eugene

WE CAN GROW REAL FORESTS WITHOUT POISON

Predictably, the timber industry sings the praises of the Private Forest Accord (SB 1602), which allows virtually unchecked the continued vast clearcutting/strip-mining, aerial poison spraying, road-making, erosion and pollution of entire Oregon watersheds. With the blessing of complicit

"environmental" groups, the timber industry has successfully redefined the word "forest" to mean a sterile monoculture plantation managed with poisons and synthetic fertilizers instead of a vastly complex, self-sustaining multi-species community of mosses, lichens, fungi, ferns, insects, worms, birds, fish, mammals and, oh, yes, trees in great and glorious variety.

A sop to enabling legislators, the accord's much-touted buffer zones are as unenforceable as the wind that carries aerially sprayed poisons for miles, with no monitoring required. Furthermore, the accord's preposterous "state-of-the-art" system to notify victims of nearby poison spraying simply gives industry license to kill and injure people so long as they notify them first.

This is far more than an environmental issue: The destruction of real forests is a major driver of ongoing climate change, and the poisons used to manage monocultures are known to weaken our immune systems, making us more vulnerable to COVID-19 and other pandemics that will surely follow. For the sake of our climate as well as for public health, our governor and legislators and so-called environmental groups should be championing real forest preservation instead of profiteering timber management schemes.

Carol Van Strum Five Rivers

山尼 INSIDE

THE THREAT OF THE VIRUS

The fight with COVID in prison is not only physical but mental as well

BY WILL

ead three times. Blown up. Three plane crashes. Ninety-one firefights. Shot, stabbed, run over, 115 para jumps, hundreds of hand-to-hand encounters. Drowned. A 7.62 mm attack at 2,500 feet per second, a "tango" 20 feet in three seconds, and a virus at three feet per second.

You can't see the damned thing. Direct engagement is impossible. Skill is nullified; luck amplified. Luck is neither offensive or defensive. It's frustrating and familiar.

The Oregon State Penitentiary hides 2,100 men from the public, men who cannot hide from the virus. Isolation is not sustainable. The shared breaths of line standers, shower sharers and mess hall sitters become the unbrushed wind of 2,100 cell-blocked men.

I am not accustomed to helplessness. I hide it. Fifteen clients and PTSD survivors depend on me. I am a mental health worker. Minds are my mission. I observe anger, fear, violence, withdrawal and frustration. I listen to the unimaginable and ask (quietly), why? I offer calm, stability and presence. Interesting work, suffering clients, challenging environment.

Introduce COVID-19.

John believes that he is protected against the virus because of his close relationship with President Donald Trump. He believes masks are disloyal.

Jamal is a member of the prison population which is rejected. His mental health issues are compounded by his past street experiences. I don't know his life and never will, but I am interested. He talks; I listen. It helps.

Alex is a gang member, macho, arrogant, uneducated and usually unapproachable by an "outsider." I am an outsider. His buddies cannot know that we talk. One day he attacked me. I hugged him until he calmed down. An introduction to empathy.

The threat of the virus exacerbates all underlying thought processes and belief systems. It triggers. It inflames. It is not merely about physical health. It is about mental health. I understand the present. It is the only reality. I don't understand what the present will look like when it becomes the past.

Will, an 80-year-old Vietnam vet and mental health worker, is serving a life sentence at Oregon State Penitentiary. He is a member of Lauren Kessler's writing group.

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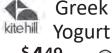
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Riding Into the Sunset

PETE SORENSON RETIRES FROM THE LANE COUNTY BOARD OF COUNTY COMMISSIONERS AFTER REPRESENTING SOUTH EUGENE FOR 24 YEARS

By Henry Houston

grainy photo shows now retired Lane County Commissioner Pete Sorenson riding on a horse, dressed as the "Lone Liberal" in the Eugene Celebration parade in the early 2000s. Just as the Lone Ranger traveled through the American West fighting bad guys, Sorenson spent much of his time on the board of county government debating conservatives.

He decided not to seek re-election in 2020, and on Jan. 4, Sorenson's 24 years as a county commissioner came to an end when Laurie Trieger was sworn in to succeed him. He endorsed Trieger, a fellow progressive who he says was one of the most prepared candidates for the elected office. But if politics are to attract other qualified candidates, it needs to offer a reasonable wage, he says.

For nearly a quarter of a century, Sorenson sat on the board as it flipped back and forth between conservative and liberal majorities. He'd taken a stab at higher offices but in the end remained on the commission representing south Eugene. There he says he governed well, provided outreach to constituents no matter where they were located and provided leadership during elections.

Before Sorenson was the Lone Liberal, he was one of a crowd of candidates hoping to succeed Jerry Rust, who was on the board for 18 years. "That election was tough because there were nine candidates," Sorenson says. "I finished first but not enough to avoid a runoff."

During Sorenson's first term on the board, he says he was the lone dissenter in a lot of 4-1 votes where, which led to his Lone Liberal nickname. "A lot of people who follow politics would say that was the high point of conservative control of the Board of Commissioners in the late '90s," he says.

Being in the losing minority doesn't mean Sorenson has been on the wrong side of votes, though, and he says he made a lot of contributions when he wasn't on the winning side.

In 2011, the commissioners needed to hire a new county administrator. The board chose to not have any interviews to replace the administrator, Sorenson says, and the conservative majority decided to hire Liane Richardson

(now Davis). "Again, I was on the losing side of that vote," he says. "I pointed out that hiring someone without doing a background check or hiring someone without having a resume or having a competitive process could lead to mistakes."

From 2011 to 2013, Sorenson says the hire resulted in a lot of executive fighting and lawsuits, all of which could have been avoided with better leadership from the county administrator. And some lawsuits are still be-

ing paid out by the county. In 2019, former county attorney Marc Kardell was awarded \$228,000 after a federal jury decided his free speech was violated by Richardson.

Richardson was fired in 2013, and Sorenson says the conservative commissioners listened to him when hiring her successor, Steve Mokrohisky, by having a competitive hiring process. "I think the conservative commissioners listened to me because I was right about the unfortunate mistake of hiring Ms. Richardson," Sorenson says.

Sorenson says he holds two records: He's attended more than 10,000 hours of Lane County Board of County Commissioner meetings and has been elected to the board more times than anyone else.

But showing up is one-third of the job, he says. Another important part of the job, he says, is to provide assistance to constituents, and he's proud to point out that he's written more than 300,000 emails to them. "I've helped constituents adopt a baby from India or I've helped constituents answer who's going to pick up garbage on a road. They don't know which government it is. They just know they're reaching out to someone to try to help them, and if they're in my district I try to help," he says.

As an elected official, he says he sees a need to provide leadership on issues like promoting ballot measures or supporting candidates. "I'll write op-eds. I'll speak out," he says.

 $While \, on \, the \, board, Sorenson \, did \, run \, for \, higher \, of fice.$

He ran against Congressman Peter DeFazio when the longtime representative considered running for Senate. In 2006, Sorenson ran against Gov. Ted Kuolongski in the May primary but lost.

The only time Sorenson faced a tight race for re-election for his seat was in 2012 when Andy Stahl ran against him. "I was outspent two-to-one," he says. Sorenson still won. Although Stahl is a progressive, that race does show how south Eugene voters weren't swayed by conservative political shifts of the past decades that influenced other seats on the board, such as the Tea Party and Trumpism.

Before Sorenson was a commissioner, he served two terms as a state senator but couldn't run for a third term because of voter-imposed term limits. The politics of campaigning killed his law business, he says, and he was working full time in Salem but only getting a part-time salary. Elected offices need to provide a reasonable wage to attract working people, he adds, "We cannot run them on an agrarian model of volunteerism that we might have been able to do in the 1800s."

Whether serving on a board of education or in the Legislature, it takes time, money and work to be elected and then serve, he says. For everyone to have a shot

at serving in politics, he says money needs to get out of the system. The Lane County Board of County Commissioners does at least offer a living wage, he adds.

Sorenson announced he would not run again during his swearing-in ceremony in 2017 to give candidates a chance to prepare for the 2020 election, which Trieger won, beating Joel Iboa, in a November runoff. Sorenson says his old seat is in good hands. "You judge leaders by the kind of successors they leave, and I think it's really good that she's going to be our commissioner for south Eugene," he says.

During Sorenon's final board meeting, Commissioner Jay Bozievich, who's now basically the lone conservative, said he and Sorenson have been on the same side of issues at times because they look with a legal lens. "That's the integrity we have," Bozievich said.

Sorenson says making himself a lameduck commissioner gave him time to ponder an exit strategy. So after nearly 50 years of work in the public policy world that began with a job in former Congressman Jim Weaver's office, the Lone Liberal will ride off into the sunset and use his law degree to help Americans file federal public records requests, as well as spend time with his family.

"I intend on doing Freedom of Information Act work to help journalists, authors and nonprofits get records important to them," Sorenson says. "That work is meaningful to me and needs to be done."



• What the hell? As Eugene Weekly went to press at noon Jan. 6, rightwing protesters

were overrunning the U.S. Capitol, with reports of clouds of gas and even guns drawn inside the building. These are the seeds of fascism Donald Trump has sown.

- Count the days until January 20! And, as we go to press, the Democrats are closing the gap on taking control of the Senate with the election in Georgia, meaning our new president might actually be allowed to govern the country. Let's all practice using Mitch McConnell's new title, "Senate minority leader."
- Duck Football had an embarrassing loss to lowa State that makes us wonder whether Mario

Cristobal really deserves that \$300,000 bonus for attending the Fiesta Bowl at a time when the University of Oregon will likely face another budget crunch (he'd also raked in \$250,000 for collectively winning by default the Pac-12 North Division and beating USC for the conference championship). But in good local football news, Kidsports and Duck alum **Justin Herbert**, who's the quarterback for the NFL's Los Angeles Chargers, shattered multiple rookie records including most passing touchdowns, made the NFL All-Rookie team and is a favorite for the NFL's Offensive Rookie of the Year.

• Social service providers estimate that 35 homeless people died on the streets of Lane County in 2020. There is no mechanism in place to accurately reflect the count, but any number is a stain on the community. The Candlelight Vigil to Mourn Death on the Streets in 2020, an opportunity to reflect and honor these people, is 6 pm Jan. 8

at Washington/Jefferson Park on W. 1st Avenue. Because we can and need to do better.

 When our aspiring president-for-life phoned Georgia Secretary of State Brad Raffensperger and threatened criminal sanctions if he didn't overturn the results of the presidential election in Georgia, Raffensperger had the foresight to record their conversation. Then, when Donald Trump lied about what he had said in the hour-long call, Raffensperger released the tape. Trump's squalid behavior comes as no surprise. The deeply shocking thing is that well more than 100 Republican congressional reps and a dozen senators have publicly supported his attempts to end democracy in America. It's time for a new conservative party in the U.S., one that actually embraces deep American values such as integrity and the rule of law, that doesn't tolerate radical extremists, and that isn't afraid of free elections.



Coffee Fervor

AT ONLY 25, **SIERRA THOMAS** TAKES THE REINS OF A LOCAL COFFEE SHOP DURING A PANDEMIC

By Malachi Murphy

he past year was gracious and giving for very few. From the "show-stopping" pandemic to other various fits of misfortune, most people recognize 2020 as one to forget. This is not the case for Sierra Thomas and her husband, Luke Thomas, the new owners of local coffee kiosk Espresso 58.

Sierra Thomas was attending Lane Community College, working towards becoming a nurse, and found herself working at the Bean Hopper in Creswell to pay for it. She reveled in coffee stand experience and left wanting more.

"I was meeting new people, creating relationships with customers, and I developed a real knack for talking with people."

During this time, she says her schooling and personal life left her feeling frustrated and unsure. But throughout everything she still had Luke. As high school sweethearts, they've kept each other stable.

After becoming manager of Blue Valley Bistro's newest coffee stand in Pleasant Hill, Sierra Thomas went all in. She had set her eyes on a new goal: owning her own coffee

shop. At 23, she was already a young manager, but she wanted more. Sierra and Luke had worked out a plan with owners Melissa Clark and Seth Clark of Blue Valley Bistro (formerly Creswell Coffee). After five years, they would sell her the kiosk, Then COVID-19 changed some things.

After the virus that upended restaurants and local businesses countrywide sank its teeth into the Lane County area, Sierra knew she had an opportunity. This new addition to the Clarks' business was now a liability rather than an asset, and Sierra was willing to take it off their hands. By July 16, Sierra and Luke Thomas were the new owners of a coffee kiosk right along Highway 58, in the Pisgah Public Market. Espresso 58 was theirs, and they jumped straight in.

"Everyone was just really excited, we seemed busier, and I can't even explain how it felt. At the end of the day I would never take back what we did," Sierra Thomas says.

Finally, one more curveball got thrown at the couple. After finalizing the purchase, they found out an addition was on the way: Sierra Thomas was pregnant.

"This is totally our life. When things happen, they happen all at once," Sierra Thomas says of Luke's reaction



Photo courtesu instagram.com/espresso 58

to her pregnancy.

Even though Sierra and Luke have a lot on their plate, they say the community has been supportive.

"It kinda feels surreal, the support we have had alone, from customers or employees," Sierra Thomas says.

Sierra and Luke Thomas' daughter, Adair, was born Dec. 21, 2020. ■

Espresso 58 is located at 35855 OR-58 in Pleasant Hill and is open from Monday to Friday 6 am to 6 pm; And 7 am to 5 pm on Saturday and Sunday



HAPPENING PEOPLE by Paul Noo

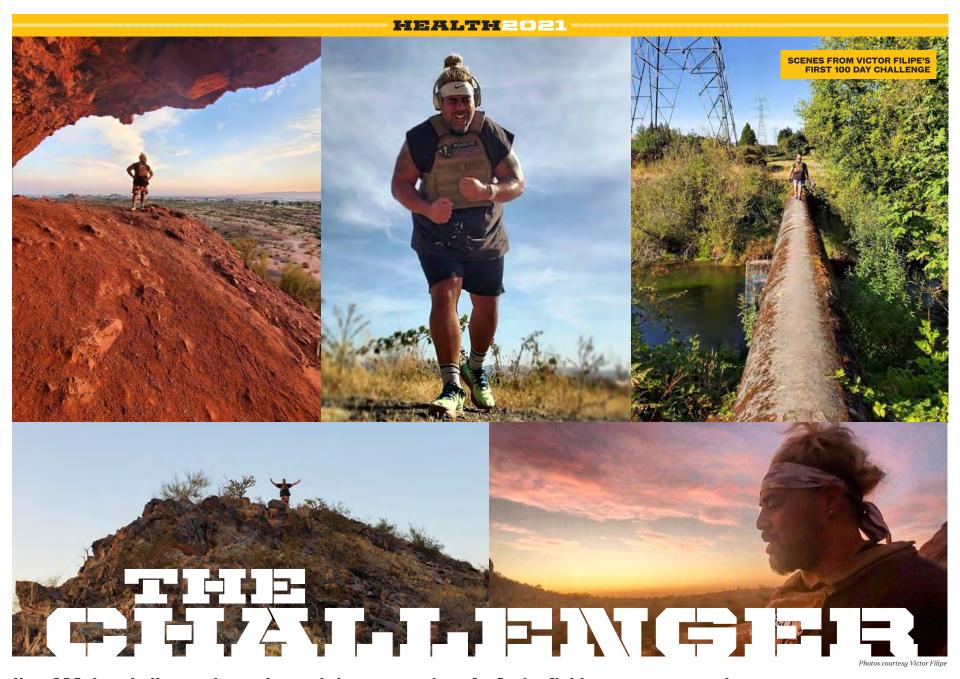
Jack McGaughey

"I was a few weeks short of being old enough to vote in 2016," says Jack McGaughey, who was then a senior at Marist High School, "I followed the election, but didn't feel closely connected. Growing into adulthood during the Trump presidency showed me how important good leadership is." Born and raised in Eugene, McGaughey attended O'Hara Catholic School for grades 1-8 and also studied theater and music with Rose Children's Theatre, Oregon Children's Choir and Imagine That! summer camps, where he met his musical mentor Scotty Perey. After high school, he moved to England for a three-year course of study at the Liverpool Institute for Performing Arts. In February of this year, he joined The Bluejays, the UK's top 1950s vintage rock 'n' roll band, on keyboards. "I was bummed out," he says, after returning to Eugene in March because of COVID. "The band was booked for upwards of 15 cruise ship gigs." But soon he began to take an interest in the 2020 election, in particular, a friend's Instagram post about Vote Forward, a nonprofit that enables volunteers to write letters to Democratic voters who are unlikely to vote. "I feel passionately about underrepresentation of young people," he says. "I ended up writing 220 letters ahead of the election." Volunteers who sign up on the Vote Forward website receive a template file to be printed for each recipient, with space for the sender's handwritten message. "When they announced a campaign for the Georgia Senate runoff election, I enlisted my girlfriend Madeleine Rowell and our roommate Hannah Davis," he notes. "We decided that we would write 3,000 letters. The letters ask Georgians to vote without telling them how to vote." The trio held a Facebook fundraiser to pay off the \$1,650 that they have spent on stamps. Learn how more on the Jack McGaughey Facebook page, where you can also find an Isolation Recording video of Jack on piano with the Bluejays Big Band, performing Jackie Wilson's "Reet Petite."

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JANUARY 7, 2021



How 100 day challenges have changed the perspective of a Springfield gym owner, coach by henry houston

he first 100 days is the measuring stick for any recently inaugurated president. As people look to New Year's resolutions as a catalyst for change, why not try 100 days before diving into the whole year?

Victor Filipe is the owner of the Forever Strong Gym, where he trains the Thurston football team, college athletes and everyday gym-goers. Filipe decided to undergo a 100-day challenge to push his workouts. When he noticed how the challenge was changing him, he started encouraging others to make their own challenges.

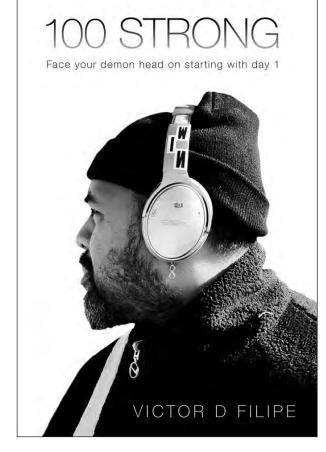
In late 2020, while in his second 100-day challenge, Filipe kept a journal of his thoughts from every day of his challenge; the journal later became a book. "I just wanted to share what I was doing, but it wasn't to create a new thing," he says. "But it ended up being like that and I was happy about it, and I started encouraging others to try their own version of it."

But the challenge isn't just for athletes, as he says in his book. It can be a way to build new habits to make yourself a better person.

Community interest in his 100-day challenge started when he announced it on Instagram. Filipe says some of his followers messaged him about it right away. About a month later, he recalls telling his social media followers: "I encourage you to try your own 100 days, create your own challenge," whether small, like cutting out soda or reading to your child or doing workouts at home.

As Filipe journalled his journey during the 100-day challenge, he says he saw his perspective change. "Every day my thoughts got deeper and deeper because I was vulnerable and broken down from the challenge and everything going on around the world," he says. "At day 50, I said, 'This is going to be my book."

By the time his first 100-day challenge was completed, he had written and self-published 100 Strong: Face Your Demons Head on Starting with Day 1. What fueled the



book was the raw energy from his personal vulnerability that the challenge brought out, he says.

Filipe says endurance activities like walks, runs and bike rides is what led him to the vulnerability needed to write the book. He says those are routine changes for someone like himself who's a regular with weight training and for someone of his size. Filipe played defensive tackle for the University of Oregon's football team from 2003

to 2006 and transferred to Western Oregon University as a senior. In college he stood at six-foot four-inches and weighed 290 pounds — quite the presence on the football field, and a threat to quarterbacks. In 2008 he signed with the Cincinnati Bengals NFL team, but was cut.

So Filipe's first 100-day challenge was to incorporate more endurance training into his routine. He capped the first challenge with a 100-mile walk wearing a 47-pound pack. His second challenge has incorporated more running, walking and cycling. And with endurance activity, it allows the mind to reflect. Filipe says during his long walks and runs, he's tapped into emotions and thoughts that have been dormant for a while.

He says he's always been a person with a chip on his shoulder, angry in some way because of the obstacles he's had to overcome. Life events such as getting cut from the NFL or when his gym had to adjust to the pandemic have led him to dark places, he says. But he's found more positivity after running and hiking.

"When I go on these runs, I don't feel that anymore. When I go on these hikes, it's just me and the mountain," he says. "I can just zone in the positives. I don't think I've had one negative thought." Halfway through his second 100-day challenge, he sums it up by saying he feels "unfuckwithable." Things that would have upset him in the past don't anymore, he adds.

But he says challenging yourself for 100 days doesn't have to be limited to physical fitness. It can be used for anything in your life. And changing how you see yourself is a big piece of the puzzle.

"Everyone thinks of a workout as a workout or how they look in the mirror — which is all very important," Filipe says. "But I hope people understand that if you take care of those things in the inside and do it for those reasons, the aesthetics will come and it won't feel like a chore." ■

100 Strong is available through Amazon or can be purchased at Forever Strong, located at 5250 Highbanks Road in Springfield.

MEW YEAR, SAME YOGA

Some used yoga in 2020 to maintain mind and body in a stressful year. It's not too late to hop on board for 2021. BY JACK FORREST

helsea Duke and her husband, Jon, have five kids. Duke is also remodeling her home — painting her walls as she talks on her AirPods about her passion for yoga. Like most parents these days, she is also a part-time teacher. She also still teaches six days a week at the yoga studio Hard Core Yoga, which she opened in Eugene nine and a half years ago.

But Duke says yoga is the perfect escape from this stressful and busy life many have come to know.

"All of the stress of the world melts away naturally when you set those things down and when you give your brain something to focus on," Duke says. "And in this case it's the physical movement of the practice, or steadiness of your breath, or the way that your hips feel, or the way you ground your feet into the mat, like all of these little things that are simple and pure."

Hard Core Yoga on Willakenzie Road has gone remote due to COVID-19 restrictions, but its owner and students say yoga is the remedy to a chaotic existence that undoubtedly remains in 2021.

When the first set of COVID lockdowns came down on Oregon in March, Duke admits closing down her studio of nine instructors was

a "dark time." But within two days, she pivoted classes to a virtual format. Hard Core Yoga now offers 16 classes a week available live or to play back any time within 24 hours.

Duke says this format allows people with busy schedules to tune in any time they need to workout or unwind.



Photo courtesy Hard Core Yoga

She adds that they received many new students because "yoga is something that you can do anywhere without equipment, and there's such beauty in that you don't have to wait for a spin bike. I mean, you just need a mat."

Melissa Edwards, a student at Hard Core Yoga and OB/GYN at Women's Care in Eugene, says that while she

hasn't been able to remain as faithful to her practice of yoga since the studio shut down in-person classes, she has been able to create a space in her home where she can be mindful and connect virtually with her instructor and fellow students.

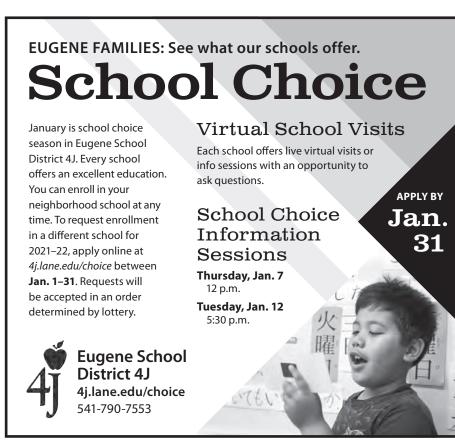
She adds that as a gynecologist she is "acutely aware of the connection between mind and body," and that in her specific studies of trauma in the hips and pelvis, yoga can be incredibly helpful in relieving the stored tension that gatheras there. Edwards says, "there are few physical or mental health conditions that can't benefit from practicing yoga on a regular basis."

For those scared off by the Hard Core portion of the studio's name, Duke says that when she opened the location, it was intended to dispel the myth that yoga was all "hippie dippie and incense burning" but could actually be a great workout.

Since opening the studio, she says she has since realized it has outgrown its name as it pushes even those weary of mindfulness and meditation techniques into developing regular meditation practices. Those people are now looking to dive even deeper into what yoga has to offer outside of just its physical merits.

In 2021, Hard Core Yoga will probably see a name change, Duke said. That's one of her New Year's resolutions. Now Duke and Edwards hope you will make yoga one of yours. ■

Hard Core Yoga is located at 2508 Willakenzie Road. For more information visit YogaEugene.com.





GENEWEEKLY.COM

JANUARY 7, 2021



KEPING YOUR BRAIN IN SHAPE

Tips from experts on how to exercise your brain, even during a pandemic BY TAYLOR PERSE

020 was a trainwreck: a global pandemic, wildfires, social isolation, political unrest. During this time of exhaustion and loneliness, everyone has struggled to find ways to stay healthy physically and mentally.

But as 2021 kicks off, experts say it's important to address brain health. Exercising the brain keeps memory sharp and improves thinking skills, which can increase long-term cognitive abilities, especially for people in an older demographic or those who were diagnosed with dementia. And unlike other muscles, a gym is not necessarily required to keep the brain fit.

In a way, many activities that are good for your brain are pretty obvious, says Ulrich Mayr, a professor of neuroscience at the University of Oregon who specializes in researching lifespan changes in psychological and cognitive functioning. Mayr says that with brain health, there aren't necessarily many "silver bullets" that can be pointed to, but some activities can help.

Physical exercise is at the top of the list, he says. And it's something you can do regardless of a global pandemic. The other aspect, Mayr says, is being in social and developing relationships. Though most hangouts take place virtually, they are still beneficial, Mayr says.

"I think the perception of being connected is just as helpful as actual interactions," he says.

An additional layer is to be prosocial, which is doing good for others and knowing you are making a difference in someone's life, Mayr says. These days, a little kindness goes a long way.

He addresses misconception that brain games — such as sudoku and crossword puzzles — are enough to train your brain. Mayr explains that through research he's learned it's more hype than anything.

Mayr also acknowledges the role mental health plays in overall brain function. Chronic stress, something many people experienced over the past year, is bad for the brain, he says.

"We do know that a lot of people are more lonely, and being lonely is not good for your brain," he says, adding that loneliness needs to be combated actively. "To the degree that people face extreme chronic stress, there is no question that this will have an effect on people's lives overall."

Essentially, mental health and cognition can go handin-hand. Mayr says that keeping the mind active and busy engages it, which is a healthy alternative to sitting around and letting bad thoughts stew. Being mindful is also key, Mayr says, because it helps to think why you feel a certain way.

Many of these activities are also proven to benefit those battling dementia or other cognitive decline. Heidi Rowell is a program director with the Oregon and Southwest Washington chapter of the Alzheimer's Association. She says that brain health is an important piece of their mission in providing resources to those with Alzheimer's.

Though brain games aren't proven to help brain health, Rowell says that learning something new stimulates the brain. Many people have taken free time during the pandemic to learn a new skill or to take a free online class. Remember when everyone learned to make sourdough bread?

"People who are living with dementia and their caregivers tend to be isolated anyway. And it's been exacerbated by the pandemic," she explains.

She says the Alzheimer's Association has resources and support groups for families and caregivers of individuals with dementia. Its website also has various blogs and articles about the disease. Getting a diagnosis can be pretty devastating, she says, and it's tempting to say that there is nothing that can be done.

"If people are staying active and getting regular exercise, it can help people with dementia. Also, finding challenging activities for people to engage in." Rowell says that even during the pandemic, there are fitness videos on YouTube that people can stream from inside their home.

And sometimes cognitive stimulation can be as simple as having a conversation with someone. Many caregivers, she adds, are facilitating contact with the outside world in activities like letter writing and virtual visits. Even smaller actions like eating healthy and getting enough sleep can improve overall brain health.

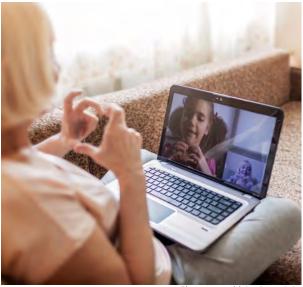


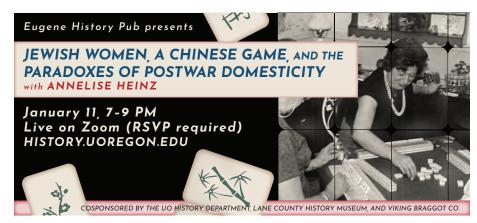
Photo courtesy Alzheimer's Associatio

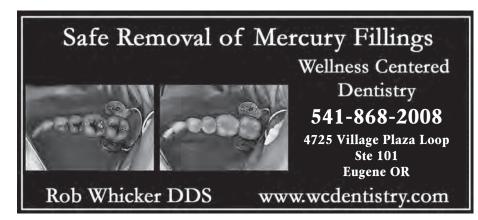
But some of these actions are still difficult for individuals who are in the late stages of dementia.

"As someone progresses in their dementia, that may be more difficult to do."

Though it can be tempting to create ambitious goals coming out of 2020, Rowell advises not to go crazy with healthy resolutions — people can't go from never exercising to running marathons, she says. Instead, Rowell explains, it's about taking a few small steps at a time.

"Find some challenging activities and keep building." \blacksquare







Almost 11 years ago Cowfish Dance Club & Cafe opened its doors in downtown Eugene, and Shawn Di Fiore laughs at the suggestion that it's his child. "It's my primary focus," Di Fiore admits, but he's quick to point out that "so many people have contributed to this place." This includes the employees who have organized a GoFundMe account called COVID vs. 2020, COVID-19 Relief Fund for Cowfish Dance Club & Cafe. The GoFundMe page reads in part: "The Cowfish staff decided we needed to come together and do something to help Shawn and Cowfish stay afloat during this very tough time for small businesses." Di Fiore is humbled by it all. "I was definitely taken back by that," he says. "I'm definitely grateful to them." Cowfish has been an influence in the community the past 11 years, and not just for its DJ-driven dances and ping-pong tournaments. It has organized fundraisers for Beyond Toxics, Egan Warming Center, Occupy Medical, Womenspace, the Civil Liberties Defense Center and Northwest Dog Project, among others. "We need more funding," Di Fiore says, and he is on the trail for grants and small business loans. "I'm assuming we'll be open in some capacity in April or May." For now, though, the GoFundMe drive is a perfect way to help keep Cowfish going during these COVID times.

COVID vs. 2020, COVID-19 Relief Fund for Cowfish Dance Club & Cafe can be found at GoFundMe.com/f/ cowfish-vs-covid-2020-relief-fund or Facebook.com/ cowfish.danceclub. - Dan Buckwalter

GENERAL

LISTINGS ARE FREE UNLESS OTHERWISE NOTED

HEALTH

Zoom classes at YMCA.org. Zoom workout classes at CrossFit. Email Contact@ CrossFitIntensify.com for more info.

Workout classes at IAmForeverStrong.com.

Workout classes at Evolve Fitness Studios. More info at EvolveFitnessStudios Facebook page.

Yoga classes at EugeneYoga. us; WildLightYogaCenter com; EugeneMudra.com; HotYogaEugeneBalanced. com; YogaEugene.com.

All levels of yoga (chair, advanced, yoga for health care workers and children) at Vista Wellness Center. Visit VistaPsych.com for more info.

ART EXHIBITS

Adam Grosowsky: "No Direction Home" (thru Jan. 16), Karin Clarke Gallery, 760 Willamette St.

Jordan Schnitzer Museum of Art, JSMA.Uoregon.edu.

GATHERINGS

Christmas Tree Pickup w/ Troop 182 (thru Jan 31). Visit Trees182.com to fill out the request form.

ONLINE LECTURES/CLASSES

Job Search Help by appointment at the downtown library. Call 541-686-7985 to schedule.

FAMILY/KIDS

Bilingual StoryWalks w/ Eugene Public Library (thru Jan. 15), at Sheldon and Petersen Barn community centers. More info at 541-682-5450 or Eugene-or.gov/ library.

Little Wonders: Animal Homes (thru Jan. 14). More info at MNCH.Uoregon.edu.

Winter Reading: Free Books for Kids and Teens w/ Eugene Public Library (thru Jan 31). More info at 541-682-5450 or Eugene-or. gov/library.

THURSDAY JANUARY 7

GATHERINGS

Meet the Midwives at Women's Care!, 12:30-1:30pm. More info at WomensCare.com.

Citizens Climate Lobby Meeting, 5:30-7pm. More info at CitizensClimateLobby.org.

Ridgeline Montessori Public Charter School Lottery Information Sessions, 6:30-7:30pm. More info at Ridgeline.org.

HEALTH

NAMI Family Support Zoom Group @ NamiLane.org, 7pm. RSVP at NamiLane.

LECTURES/CLASSES

Trafficking Awareness Month: Doing the Work in Lane County, 5:30-7pm. More info at EcaseyLane.

ON THE AIR

"The Point," 9am, KOPV, 88.0 FM

"Arts Journal," 9pm, Comcast channel 29

Thursday Night Jazz, 10pm, KLCC, 89.7 FM

SPIRITUAL

Zen Meditation, 7-8am, Blue Cliff Zen Ctr, 352 W. 12th Ave.

FRIDAY

JANUARY 8

ARTS/EXHIBITS

New Zone Art Gallery First Friday Art Walk, 5:30-8pm, New Zone Gallery, 22. W. 7th Ave.

GATHERINGS

Food Not Bombs, cooking starts at noon (email EugeneFoodNotBombs@gmail. com for location), serves at 4pm at Park Blocks, E. 8th Ave. & Oak St. next to fountains.

City Club of Eugene ("Implicit Bias: In the Schools, In the Courts, and In Society"), noon. City Club Facebook page. Airs again at 7pm Monday, Jan. 11, on KLCC, 89.7 FM.

Candlelight Vigil to Mourn Death on the Streets in 2020, 6pm, Washington Jefferson Park, Washington St. & W. 5th Ave.

KIDS/FAMILY

Craft Kit for Adults (origami bookmarks), all day at all Eugene Public Library loca tions while supplies last.

LECTURES/CLASSES

Emoii. Culture and Communication w/ UO Prof. Dr. Alisa Freedman, noon. EPLFoundation.org

Expression Through Art w/ The Trauma Healing Project, 4-5pm. More info at HealingAttention.org. FREE-\$15.

MUSIC

Friday Night Folk Music Live Stream, 7pm. More info at

Kathryn Rose Celtic Folk Festival Facebook page.

SPIRITUAL

Healing With Spiritual Light, 7-9pm. More info at Leia-Hart.com.

Zen Meditation (instruction provided), 7pm. Zoom only at BlueCliffZen.org.

SATURDAY

JANUARY 9

GATHERINGS

Burrito Brigade, 9:30am-3:30pm. More info at BurritoBrigade.org.

KIDS/FAMILY

Virtual Lego Club at the Springfield Public Library - January 9, 3:30pm. For more info, email Mriddle@ springfield-or.gov.

LECTURES/CLASSES

Using Land Records to Fill In the Blanks w/ Oregon Genealogical Society, 10amnoon. More info at Ore-Gongs.org. \$10.

ON THE AIR

The Dr. Yeti Show, 10pm-mid-night, KOCF, 92.5 FM or streamed at KOCF.org.

The Institute of Spectra Sound, 10pm-midnight, KEPW, 97.3 FM

SUNDAY JANUARY 10

GATHERINGS

Burrito Brigade,11am-4pm. More info at BurritoBrigade.

"Staying Alive," Disobedience Dance (all ages), 3pm, Owen Rose Garden Gazebo.

HEALTH

Occupy Medical, noon-4pm, 1717 Centennial Blvd, Springfield.

MUSIC

Eugene Concert Choir Auditions at Emmaus Lutheran Church. Arrange audition time at 541-687-6865 or by email at Choir@EugeneConcertChoir.org.

SPIRITUAL

Zen Meditation, 4:30pm Cliff Zen Center, 352 W. 12th Ave.

Eugene Insight Meditation via Zoom, 6:30pm, Eugene-Insight.com.

MONDAY JANUARY 11

HEALTH

Connection Peer Support Group at NAMILane.org, 7pm. RSVP at NAMILane.

KIDS/FAMILY

Activity Kits for Kids (moon phase hat), all day, all Eugene Public Library locations while supplies last.

LECTURES/CLASSES

Lunchtime Meditation, noon-12:30pm. More info at MeditateInEugene.org. \$1.

Ophelia's Place Queer Space, 3:30pm & 5pm. More info at OpheliasPlace.net.

Live Virtual Sexuality Education - Planned Parenthood of Southwestern Oregon, 4-5:15pm. More info at PlannedParenthood.org.

OP Community Groups w/ Ophelia's Place, 4pm & 5pm. More info at OpheliasPlace. net.

SING in the New Year!. 5:30-6:15pm. More info at Emmaroselynn.com.

Meaningful Holidays. 6-7:30pm. More info at MeditateInEugene.org. \$2.

TUESDAY JANUARY 12

KIDS/FAMILY

Family Storytime, 11am, Eugene Public Library Facebook page.

LECTURES/CLASSES

Gentle Restorative Yoga via Zoom w/ The Trauma Healing Project, 10-11am. More info at HealingAttention. org. FREE-\$15.

Lunchtime Meditation noon-12:30pm. More info at MeditateInEugene.org. \$1.

Live Virtual Sexuality Education - Planned Parenthood of Southwestern Oregon, 3-4pm. More info at PlannedParenthood.org.

Trafficking Awareness Month: Doing the Work in Lane County, 3:30-5pm. More info at EcaseyLane. org.

Open Heart NeuroMeditation: 6 Week Course, 4-6pm. More info at NeuroMeditationInstitute.com. \$175.

Lamrim Practice, 6-7:30pm, Online. More info at MeditateInEugene.org. \$2.

SPIRITUAL

Zen Meditation, 7-8am, Blue Cliff Zen Center, 352 W.

WEDNESDAY

JANUARY 13

GATHERINGS

2020: The Year in Music. 6pm, Eugene Public Library YouTube. More info at 541-682-5450 or at Eugene-or. gov/library.

LECTURES/CLASSES

Lunchtime Meditation, noon-12:30pm. More info at MeditateInEugene.org. \$1.

Live Virtual Sexuality Education - Planned Parenthood of Southwestern Oregon, 4-5:15pm, More info at PlannedParenthood.org. SING in the New Year!

Emmaroselynn.com. Create a Brighter Future, 6-7:30pm. More info at MeditateInEugene.org. \$2.

5:30-6:15pm. More info at

The Gutenberg Dialogues: An In-depth Look at Tyranny, 6:30-8pm. More info at Gutenberg.edu. \$32-63.

"Come Together Oregon," 6pm, KEPW, 97.3 FM

SPIRITUAL

Zen Meditation, 7-8am, Blue Cliff Zen Center, 352 W

THURSDAY

JANUARY 14

HEALTH

NAMI Family Support Zoom Group @ NamiLane.org, 7pm. RSVP at NamiLane.

LECTURES/CLASSES

Live Virtual Sexuality Education - Planned Parenthood of Southwestern Oregon, 3-4pm. More info at PlannedParenthood.org.

Overcoming the Challenges of Communicating Emerging Science about COVID-19 w/ Dr. Kathleen Hall Jamieson, 4-5:30pm, Uoregon.zoom.

ON THE AIR

"The Point," 9am, KOPV,

88.0 FM "Arts Journal," 9pm, Comcast channel 29

Thursday Night Jazz, 10pm, KLCC, 89.7 FM

SPIRITUAL

Zen Meditation, 7-8am, Blue Cliff Zen Ctr, 352 W. 12th

ATTENTION

The COVID-19 pandemic is creating a mark on our community, a truly historic event that may have lasting effect generations from now. The Lane County History Mu-seum needs the help of our entire community to document this experience for future exhibits, researchers and Lane County residents to look back at generations from now. A single event can be experienced differently. LCHM wants to capture a variety of perspectives and experiences of people, but also of businesses and other organizations. How did you adapt to this new environment, what did you choose to do or have to do differently? This collection is not just for adults — the museum emphasizes that the goal is to capture the experiences of all ages. Childhood possessions, artwork or oral experiences are most often collected after we have grown. By collecting these directly from young people, we can get a more authentic experience. To get more information on this collection campaign, and how you, your business or organization can submit an item to be considered, go to our website at Lchm.org/covid-collection/.
Due to the pandemic the museum is currently closed to the public. If your submission is chosen you will be contacted once the museum is able to safely welcome people and artifacts.

The independent, listener supported and non-commercial KEPW (97.3 FM) is looking to fill volunteer positions ranging from announcers and producers, writers, PR, social media, data entry and other positions, with or with-out broadcast experience for progressive, inspiring and inclusive radio. KEPW is committed to a non-hierarchical internal structure where enthusiasm and passion is highly valued and leadership skills are appreciated. For more information, contact KEPW at 541-833-0622 or email Staff@kepw.org

JANUARY 7, 2021 EUGENEWEEKLY.COM



A Woman of Africa

POPULAR EUGENE PERFORMER RATIE D RELEASES HER DEBUT EP

By Will Kennedy

hen she was a girl living in Zimbabwe, Eugene musician Claire Ratidzo Dangarembwa, who performs as RatieD, would sing out loud in front of an arts theater near her high school. "I generally would sing out loud, all the time, everywhere," RatieD tells me over the phone, on the occasion of her debut EP, Ink & Melodies, out now on music streaming services.

No one from the arts theater heard RatieD, but she kept singing, inspired at the time by pop musicians like Avril Lavigne and hip hop from Common as much as the traditional music of Zimbabwe. "I believed in myself," she recalls of her life as a young musician in Africa. "There was something about my voice that would make someone want to hear me."

RatieD's short five-song debut highlights this versatility, from the traditional gourd shakers of Zimbabwe called *hoshos* on the rhythmically driving album-opener "Woman of Africa," to the rock 'n' roll brawniness of "Walk on By." There's also some hip-hop influence on "Self Knowledge," a collaboration between RatieD and the local hip-hop group Not Applikable.

Two Ink & Melodies tracks, "Golide" and "Kudhara,"

feature native languages of Zimbabwe, Ndebele and Chivanhu, in which RatieD is fluent.

No matter what style she's playing, RatieD is drawn to music by the beat and the groove. "The beat, the bassline, the groove," she says. "I'm just taken by music of any kind."

Although Ink & Melodies is Dangarembwa's first release as RatieD, she's no stranger to the recording studio. Among other projects, she's known for singing in Bongo Love with John Mambira, an experience responsible in part for RatieD's ending up in Oregon, where Mambira also lives. The two musicians are part of a cluster of Zimbabwean musicians who call Eugene home, with legendary Zimbabwean musician Thomas Mapfumo at its center.

Without the financial support of Mambira, who plays percussion on the record, guitarist Gilbert Zvamaida, known for playing with Mapfumo, and saxophonist and University of Oregon music professor Idit Shner, *Ink & Melodies* may not have ever become a reality. RatieD says.

"I help Ratie because we are one people," Mambira says in an email. RatieD bloomed when she started writing her own music, he continues. "I knew right away she had something special to offer the world," he says.

"I was blessed to have someone who was willing to

sponsor the project financially," RatieD says. "Financially it was a challenge to get into studios," she adds, but she finally felt ready to do it.

Although all songs on the release are RatieD compositions, additional collaborations on the project include Garrett Baxter on bass, Parker Koehn on percussion, Torrey Newhart on keyboard and Paul Kruger on trumpet.

With some songs dating back to her days living in Africa — she's been in America for about six years — RatieD had a pretty clear idea of what she wanted from the music by the time got into the studio. She says collaborations make her music even richer.

"I definitely am open to my musician friends adding their spice to it," she says, "because I think that's what music is about: it's about teamwork."

RatieD goes on to say that having these songs finally recorded feels like a relief. It's like a weight has been lifted off her shoulders, she says, and she's able to let go of these jams, some that she's been holding on to for years.

"This is music from the heart," she says. "It's from my heart and for the people." ■

Ink & Melodies is out now on all major music streaming services. For more information go to RatieD.com.



A New Hope

BROADWAY METRO IS BRANCHING OUT TO A DVD SUBSCRIPTION MODEL AND COULD BRING A MOVIE RENTAL STORE BACK TO EUGENE

By Henry Houston

nce upon a time, Netflix only sent DVDs to subscribers. It was an age of innocence when Netflix had a huge inventory to choose from and people waited days for their movies to show up in the mailbox. Since then, we've all fallen into a streaming haze, but Broadway Metro in downtown Eugene is bringing back the movie delivery system — and this time you don't have to wait for the mail carrier.

Broadway Metro Managing Director Ed Schiessl says the program isn't just a way to pay the bills during the pandemic. He has a vision of the DVD rental store taking over the Willamette Street lobby, where it would be a place where moviegoers can head to after a movie.

"This idea goes back to the early days," Schiessl says. "This seemed like the opportune time when everybody was stuck at home."

Schiessl has been buying DVDs for the past few months. He's scouring the internet, looking for movie stores that are selling their inventory. And he says he's in negotiation with Eugene's Silver Screen Video to buy their DVDs. He says he hopes the two businesses can come to an agreeable price because Silver Screen Video has a lot of foreign and indie films. The video store on 24th and

Agate closed in 2018.

At first, Schiessl says he thought about having some sort of spreadsheet for subscribers to browse through the available DVDs. But he says when he talked with his business partner Sean Hanson about the idea, Hanson wanted to build a more sophisticated website.

Starting at \$72 a year to borrow one DVD without a due date, subscribers have access to a website with search functions and an algorithm that offers recommendations. The website also has a movie queue, which you choose from when you make your order. Subscribers can also order concessions, and Broadway Metro has curbside service at the downtown location or free delivery.

SchiessI says he hopes the DVD program fills the void for local cinephiles who are tired of limited choices on streaming services.

Although Netflix has put a focus on releasing its own produced movies and TV shows, data from the streaming aggregator ReelGood shows the streaming giant has only 3,781 movies (424 of which are considered critically acclaimed by IMDb). And Amazon Prime has nearly 13,000 movies, though not all are free with the cost of a membership. (It's hard to imagine these movie giants missing great movies, but try looking for a Mel Brooks movie and you'll be disappointed.)

"For a comparison, Movie Madness in Portland has 80,000 titles on hand," Schiessl says. "The amount of cinema history missing from these online platforms in terms of indie movies, foreign films, classics, all this stuff is disappearing in terms of being easily accessible online."

He says regular moviegoers are most likely to rent and buy movies for home viewing. So when movies are showing again at the theater, he says viewers can see a movie, take one home with them and bring it back when they return. It's a way to help introduce viewers to other works by directors, like South Korea's Bong Joon-ho, who dominated film conversations after his movie *Parasite* took home a ton of Oscars earlier this year.

Schissel says the Broadway Metro originally planned to close the lobby on Broadway and turn it into another auditorium. But if the DVD program takes off he says that space could instead become a Blockbuster-like library that has a coffee shop and growler depot.

But until we get back to "normal times," the DVD program is an adaptation to the times.

Broadway Metro has bills in the ballpark of \$50,000 a month, Schiessl says. He doesn't expect the program to bail out the theater, but he says if it gets a few hundred subscribers, it could "soften the blow" of a closed theater. The program can also help the theater when social distancing measures ease up but people are still uneasy about gatherings.

"A lot of people aren't going to be ready to come back to the movie theater right away," he says. "This is a way for us to bring the movies right to them and they can still support us so we're here when they're ready to come back."

For more information on Broadway Metro's DVD program, visit BroadwayMetro.com

Announcements

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meetings & information: www.eugene-saa.

HAS MARIJUANA STOPPED BEING FUN? Contact the Out Of The Fog meeting of Marijuana Anonymous - (541) 556-0877.

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Rentals Wanted

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Cars

CASH FOR JUNK VEHICLES. Farm & metal, etc. No title-Not running. Pay \$\$\$ Cash. 541-517-6528

LEGAL NOTICES

Legal Notices

IN THE CIRCUIT COURT OF THE STATE OF IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY FIRST TECHNOLOGY FEDERAL CREDIT UNION, doing business as FIRST TECH FEDERAL CREDIT UNION, Plaintiff, v. ANTHONY LEE PETERSON, Defendant. TO: Anthony Lee Peterson, 85374 Jasper Road, Pleasant Hill, OR 97455-9504. IN THE NAME OF THE STATE OF OREGON: You are hereby required to appear and defend the complaint filed against you in the above case plaint filed against you in the above case within thirty days after the date of service of this summons on you, and if you fail to appear and defend, the plaintiff will apply

to the court for the relief demanded in the complaint. NOTICE TO DEFENDANT: READ THESE PAPERS CAREFULLY! You must "appear" in this case or the other side will win automatically. To "appear" you must file with the court a legal document called a "motion" or "answer." The "motion" or "answer" must be given to the court clerk or administrator within 30 days along with or administrator within 30 days along with the required filing fee. It must be in proper form and have proof of service on the plaintiff's attorney or, if the plaintiff does not have an attorney, proof of service on the plaintiff. If you have questions, you should see an attorney immediately. If you need help in finding an attorney you may need help in finding an attorney, you may contact the Oregon State Bar's Lawyer Referral Service online at www.oreg statebar.org or by calling (503) 684-3763 (in the Portland metropolitan area) or toll-(in the Portland metropolitan area) or toli-free elsewhere in Oregon at (800) 452-7636. HERSHNER HUNTER, LLP By:/s/ Donald J. Churnside Donald J. Churnside, OSB No. 791876, Of Attorneys for Plaintiff, 180 East 11th Avenue, P.O. Box 1475, Eugene, Oregon 97440, Telephone: (541) 686-8511, Fax: (541) 344-2025, Email: deburnside@hershperhuter.com

OREGON FOR LANE COUNTY In the Matter of the Estate of JORGE LUIS CORCUERA, Deceased. Case No. 20PB08563 NOTICE TO INTERESTED PERSONS Notice is hereby given that Pilar Corcuera Louie has been appointed and has qualified as the been appointed and has qualified as the personal representative of said estate. All persons having claims against said estate are hereby required to present the same, with proper vouchers, within four months after the date of first publication of this notice, as stated below, to the attorney for the personal representative at: Marc D. the personal representative at: Marc D. Perrin, Attorney at Law, 777 High Street, Suite 110, Eugene, OR 97401 or they may be barred. All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the court, the personal rep-resentative or the attorney for the personal representative. DATED and first pub-lished: 12/24/20. Pilar Corcuera Louie,

Personal Representative, PO Box 5695, Eugene, OR 97405. Marc D. Perrin OSB #823663, Attorney for Personal Representative, 777 High Street, Suite 110, Eugene, OR 97401

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY Juvenile Department In the Matter of JEFFERI SIERRA NICOLE ASHLOCK, A Child. Case No. 20JU00806 PUBLISHED SUMMONS TO: Katrina Amber Martin, IN THE NAME TO: Katrina Amber Martin. IN THE NAME OF THE STATE OF OREGON: A petition has been filed asking the court to terminate your parental rights to the above-named child for the purpose of placing the child for adoption. YOU ARE REQUIRED TO PERSONALLY APPEAR BEFORE the Lane County Juvenile Court at 2727 Martin Luther King Jr. Blvd., Eugene, OR 97401, on the 4th day of February, 2021 at 10:00 on the 4th day of February, 2021 at 10:00 a.m. to admit or deny the allegations of the petition and to personally appear at any subsequent court-ordered hearing. YOU MUST APPEAR PERSONALLY IN THE COURTROOM ON THE DATE AND AT THE TIME LISTED ABOVE. AN ATTORNEY MAY NOT ATTEND THE HEARING IN YOUR PLAGE. THEREFORE, YOU MUST APPEAR EVEN IF YOUR ATTORNEY ALSO APPEARS. This summons is published pursuant to This summons is published pursuant to the order of the circuit court judge of the above-entitled court, dated October 5, above-entitled court, dated October 5, 2020. The order directs that this summons be published once each week for three consecutive weeks, making three publications in all, in a published newspaper of general circulation in Lane County, Oregon. Date of first publication: 12/24/20. Date of last publication: 01/07/21. NOTICE READ THESE PAPERS CAREFULLY IF YOU DO NOT APPEAR PERSONALLY BEFORE THE COURT AS DIRECTED ABOVE, THEN YOU MUST APPEAR ON FEBRUARY 18, 2021 AT 10:00 A.M. AT THE SAME ADDRESS LISTED ABOVE. IF YOU FAIL TO ADDRESS LISTED ABOVE, IF YOU FAIL TO APEAR FOR BOTH OF THESE DATES OR DO NOT APPEAR AT ANY SUBSEQUENT NOT APPEAR AT ANY SOURCE.
COURT-ORDERED HEARING, the court may COURT-UNDERED HEATING, and appropriate proceed in your absence without further notice and TERMINATE YOUR PARENTAL RIGHTS to the above-named child either ON THE DATES SPECIFIED IN THIS SUMMONS OR ON A FUTURE DATE, and may make such orders and take such action as authorized by law. RIGHTS AND

OBLIGATIONS (1) YOU HAVE A RIGHT TO BE REPRESENTED BY AN ATTORNEY IN THIS MATTER. If you are currently represented by an attorney, CONTACT YOUR ATTORNEY IMMEDIATELY UPON RECEIVING THIS NOTICE. Your previous attorney may not be representing you in this matter. IF YOU CANNOT AFFORD TO this matter. IF YOU CANNOT AFFORD TO HIRE AN ATTORNEY, and you meet the state's financial guidelines, you are entitled to have an attorney appointed for you at state expense. TO REQUEST APPOINTMENT OF AN ATTORNEY TO REPRESENT YOU AT STATE EXPENSE, YOU MUST IMMEDIATELY CONTACT the Lane County Juvenile Department, 2727 Martin Luther King Jr. Blvd., Eugene, Oregon 97401, phone number 541-682-4754, between the hours of 8:00 a.m. and 5:00 p.m. for further information. IF YOU WISH TO HIRE AN ATTORNEY, please retain one

as soon as possible and have the attorney present at the above hearing. If you need help finding an attorney, you may call the Oregon State Bar's Lawyer Referral Service at (503) 684-3763 or toll free in Oregon at (800) 452-7636. IF YOU ARE REPRESENTED BY AN ATTORNEY, IT IS YOUR RESPONSIBILITY TO MAINTAIN CONTACT WITH YOUR ATTORNEY AND TO CONTACT WITH YOUR ATTORNEY AND TO KEEP YOUR ATTORNEY ADVISED OF YOUR WHEREABOUTS. (2) If you contest the petition, the court will schedule a hearing on the allegations of the petition and order you to appear personally and may schedule other hearings related to the petition and order you to appear personally. IF and order you to appear personally. YOU ARE ORDERED TO APPEAR, Y MUST APPEAR PERSONALLY IN THE COURTROOM, UNLESS THE COURT HAS GRANTED YOU AN EXCEPTION ADVANCE UNDER ORS 419B.918 TO

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- In-House Notary Public -Eugene Weekly qualifies for posting legal ads

Jonesin' Crossword BY MATT JONES

Across

1"21___" (2003 Sean Penn film)

10 1982 movie with a 2010

14 Quick text that's usually abbreviated even more 15 Pilot's prefix 16 Mandlikova of tennis

17 "Raging Bull" boxer Jake 18 Person, place, or thing, in

19 One of many for "Game of

20 Band whose album "No Need to Argue" features the track "Twenty One" (followed by their biggest hit,

__ de los Muertos 24 Largest continent

hopefully in the future) 28 "Frozen" snowman 31 "Great British Bake Off" fixtures

35 Ending for suburban 36 Rattled 38 Actress Falco of "The Sopranos"

39 1950s news involving Charles Van Doren and "Twenty-One" 43 Primal calling

44 Holiday spread 45 Kind of wind or will 46 Opposite combatant 48 "Live!" cohost for 20+

49 1994 and 1997 U.S. Open 50 Icicle lights locale 53 "Skyfall" actor Rapace

55 Place to play Twenty-One 62 Penguins' milieu

host Carey 64 "Spunk" author Zora Hurston

66 Present prefix 67 "Rondo ___ Turca" (Mozart

68 Casual goodbyes 69 Calamities 70 Bigfoot's Tibetan cousin

71 Singer with the Grammy vinning album "21"

Down

1 Workout facility 2 Square or cube follow 3 Short story-writer? 4 Inaudible on Zoom, mayb 5 Full of legroom 6 "Munich" star Eric 7 Florida explorer Ponce 8 Caribbean island near

9 Skeletal makeup

"Must Be '21 to Enter' -happy new year to you!

10 Poem with the line "Darkness there and nothing

11 "Mr. Robot" actor Malek 12 "The joke's ___!" 13 Some House vot

21 "Lord of the Flies" leader 22 2014 World Cup final city 25 Irritated state

26 Half a 360 27 Neutral, blah color

29 Starting on 30 Less ni

32 Murphy of 2021's "Coming 2 America 33 Former One Direction

member Horan 34 Markets successfully 37 Public TV chef Ming _

40 "Back to the Future" director Robert 41 \$100 bill, in old slang

42 Fleet-footed heroine of Greek myth 47 It's milked in Tibet

51 Truman declaration of 9/2/45 52 Country-blues guitarist

54 Draw on (take aim at)

55 Waxing target 56 Chauffeur-driven vehicle 57 Rice who writes of

58 Ancient British Isles

59 "The Bridge on the River

60 Hurrying, maybe 61 Airline to Jerusalem



FREE WILL ASTROLOGY BY ROB BREZSNY

 ${f S}$ (MARCH 21-APRIL 19): The pandemic has made it challenging to nurture our communities. In order to make new connections and keep our existing connections vibrant, we've had to be extra resourceful. I hope you will make this work one of your holy quests in 2021. Aries. In my astrological opinion, you should be ingenious and tireless as you nurture your web of allies. Your assignment during our ongoing crisis is to lead the way as you show us all how to ply the art of high-minded networking.

TAURUS (APRIL 20-MAY 20): Taurus actor George Clooney is worth \$500 million. Yet his dazzling opulence is puny compared to that of Taurus entrepreneur Mark Zuckerberg, whose fortune exceeds \$100 billion. It's my duty to inform you that you will probably never achieve either man's levels of wealth. Yet I do hold out hope that in the next 12 months you will launch plans that ultimately enable you to have all the money you need. 2021 will be a favorable time to formulate and set in motion a dynamic master plan for financial stability.

 \pmb{GEMINI} (MAY 21-JUNE 20): One of your main themes for the next 12 months comes from Leonardo da Vinci. He wrote, "To develop a complete mind: Study the science of art. Study the art of science. Learn how to see. Realize that everything connects to everything else." If you use da Vinci's instructions as a seed for your meditations, you'll stir up further inspirations about how to make 2021 a history-making epoch in the evolution of your education. I hope you will treasure the value of "learning how to see" and "realizing how everything connects to everything else." They should be at the root of your intention to learn as much as you can.

 \pmb{CANCER} (JUNE 21-JULY 22): An extensive study by psychiatric researchers suggests that well more than half of us experienced a potentially disabling trauma in childhood. You're in the minority if you didn't! That's the bad news. The good news is that 2021 will be a time when you Cancerians will have more power than ever before to heal at least some of the wounds from your old traumas. You will also attract extra luck and help to accomplish these subtle miracles. To get the process started, make a list of three practical actions you can take to instigate your

LEO (JULY 23-AUG. 22): Leo author Isabel Allende says, "We are in the world to search for love, find it and lose it, again and again. With each love, we are born anew, and with each love that ends we collect a new wound. I am covered with proud scars." I appreciate Allende's point of view, and understand that it's useful, even inspirational, for many people. But my path has been different. As a young man, I enjoyed my endless quest for sex and romance. It was thrilling to keep leaping from affair to affair. But as I eventually discovered, that habit made me stupid and superficial about love. It prevented me from having to do the hard psychological work necessary to continually reinvent intimacy — and become eligible for deeper, more interesting versions of love. I bring this to your attention, Leo, because I think 2021 could be your time for a personal rebirth that will be made possible by deep, interesting versions of love

 $\it VIRGO$ (AUG. 23-SEPT. 22): Occultist Israel Regardie (1907-1985) was an accomplished author and influencer. To what did he attribute his success to? I'll let him speak for himself: "Nothing in the world can take the place of persistence. Talent will not; nothing is more common than unsuccessful people with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent." I hope you will write out this quote and tape it to your bathroom mirror for the duration of 2021, Virgo.

LIBRA (SEPT. 23-OCT. 22): The Kabbalistic Tree of Life is a mystical symbol of the hidden structure of creation. At its heart, in the most pivotal position, is the principle of beauty. This suggests that the wise teachers who gave us the Tree did not regard beauty as merely a luxury to be sought only when all practical business is taken care of. Nor is it a peripheral concern for those who pursue a spiritual path. Rather, beauty is essential for our health and intelligence. In accordance with astrological omens, I invite you to take a cue from the Tree of Life. During the next 12 months, give special attention to people and things and experiences and thoughts and feelings that are beautiful to you. Meditate on how to nurture them and learn from them and draw inspiration from them.

SCORPIO (OCT. 23-NOV. 21): According to motivational speaker Les Brown, the problem for many people is not that "they aim too high and miss," but that "they aim too low and hit." I'm conveying this to you just in time for the Reach Higher Phase of your long-term astrological cycle. According to my analysis, you'll generate good fortune for yourself if you refine and expand your personal goals. Here's a key detail: Don't borrow anyone else's standards of success. Home in on your own unique soul's code and give it a fuller, deeper, wilder expression

SAGITTARIUS (NOV. 22-DEC. 21): One of my primary pleasures in reading books is to discover thoughts and feelings I have never before encountered. That's exciting! But it's hard to force myself to keep plowing through an author's prose if it's full of stuff that I already know about from my own life or from books, movies, and other art. Russian author Fyodor Dostoevsky's novels fit the latter description. I realize that many people love his fiction, but for me it is monumentally obvious and boring. What about you, Sagittarius? Where do you go to be exposed to thrilling new ways of looking at the world? Judging from the astrological omens, I conclude that this quest will be especially fun and crucial for you in the coming months.

CAPRICORN (DEC. 22-JAN. 19): "I only want people around me who can do the impossible," said Capricorn businesswoman Elizabeth Arden. In that spirit, and in accordance with your astrological potentials, I hereby authorize you to pursue two "impossible" goals in 2021. The first comes to you courtesy of fashion writer Diana Vreeland, who wrote, "There's only one thing in life, and that's the continual renewal of inspiration." Your second "impossible" goal is from actor Juliette Binoche, who said, "My only ambition is to be true every moment I am living."

AQUARIUS (JAN. 20-FEB. 18): Your past is becoming increasingly irrelevant, while your future is still a bit amorphous. To help clarify the possibilities that you could harvest in 2021, I suggest you suspend your theories about what your life is about. Empty yourself out as much as you can. Pledge to re-evaluate everything you think you know about your purpose. Once you've accomplished that, meditate on the following questions: 1. What experiences do you truly need and passionately long for — not the experiences you needed and longed for in the past, but rather those that are most vivid and moving right now. 2. What are the differences between your fearful fantasies and your accurate intuitions? How can you cultivate the latter and downplay the former? 3. What are your nightly dreams and semi-conscious fantasies telling you about how to create the most interesting version of the future?

PISCES (FEB. 19-MARCH 20): Author Gunter Grass wrote, "Writers know that sometimes things are there in the drawer for decades before they finally come out and we are capable of writing about them." I would universalize his thought in this way: Most of us know that possibly useful ideas and dreams are in the drawer for years before they finally come out and we know how to use them. I believe this will be an ongoing experience for you in 2021, Pisces.

Go to Real Astrology.com

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APPEAR BY OTHER MEANS INCLUDING APPEAR BY OTHER MEANS INCLUDING, BUT NOT LIMITED TO, TELEPHONIC ON THE ELECTRONIC MEANS. AN ATTORNEY MAY NOT ATTEND THE HEARING(S) IN YOUR PLACE. PETITIONER'S ATTORNEY Anthony H. Dundon, Assistant Attorney General, Department of Justice, 975 Oak Street, Suite 200, Eugene, OR 97401, Phone: (541)686-7973. ISSUED this 16th day of Jeacember 2020 Issued by: 16th Anthony H. December, 2020. Issued by: /s/ Anthony H. Dundon, OSB# 143116 Assistant Attorney

IN THE CIRCUIT COURT OF THE STATE OF

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY JUVENILE DEPARTMENT IN THE MATTER OF JEFFERI SIERRA NICOLE ASHLOCK, A Child. Case No. 20JU00807 PUBLISHED SUMMONS TO: Carel Danial Ashlock aka Carel Daniel Ashlock IN THE NAME OF THE STATE OF OREGON: A petition has been filed asking the court to terminate your parental rights. the court to terminate your parental rights to the above-named child for the purpose of placing the child for adoption. YOU ARE REQUIRED TO PERSONALLY APPEAR REQUIRED TO PERSONALLY APPEAR BEFORE the Lane County Juvenile Court at 2727 Martin Luther King Jr. Blvd., Eugene, OR 97401, on the 4th day of February, 2021 at 10:00 a.m. to admit or deny the allegations of the petition and to personally appear at any subsequent court-ordered hearing. YOU MUST APPEAR PERSONALLY IN THE COURTROOM ON THE DATE AND AT THE TIME LISTED ABOVE. AN ATTORNEY MAY NOT ATTEND THE HEARING IN YOUR PLACE. THEREFORE, YOU MUST APPEAR THEREFORE, YOU MUST APPEAR EVEN IF YOUR ATTORNEY ALSO APPEARS. EVEN IF YOUR AI TORNEY ALSO APPEARS. This summons is published pursuant to the order of the circuit court judge of the above-entitled court, dated October 12, 2020. The order directs that this summons be published once each week for three consecutive weeks, making three publications in all, in a published newsparer of general circuitizing in I are County. per of general circulation in Lane County, Oregon. Date of first publication: 01/07/21. Date of last publication: 01/21/21. NOTICE READ THESE PAPERS CAREFULLY IF YOU DO NOT APPEAR PERSONALLY BEFORE THE COURT AS DIRECTED ABOVE, THEN THE COURT AS DIRECTED ABOVE, THEN YOU MUST APPEAR ON FEBRUARY 18, 2021 AT 10:00 A.M. AT THE SAME ADDRESS LISTED ABOVE. IF YOU FAIL TO APEAR FOR BOTH OF THESE DATES OR DO NOT APPEAR AT ANY SUBSEQUENT COURT-ORDERED HEARING, the court may proceed in your absence without further proceed in your absence without further notice and TERMINATE YOUR PARENTAL RIGHTS to the above-named child either ON THE DATES SPECIFIED IN THIS SUMMONS OR ON A FUTURE DATE, and SUMMONS OR ON A FUTURE DATE, and may make such orders and take such action as authorized by law. RIGHTS AND OBLIGATIONS (1) YOU HAVE A RIGHT TO BE REPRESENTED BY AN ATTORNEY IN THIS MATTER. If you are currently represented by an attorney, CONTACT YOUR ATTORNEY IMMEDIATELY UPON RECEIVING THIS NOTICE. Your previous attorney may not be representing you in attorney may not be representing you in this matter. IF YOU CANNOT AFFORD TO this matter. IF YOU CANNOT AFFORD TO HIRE AN ATTORNEY, and you meet the state's financial guidelines, you are entitled to have an attorney appointed for you at state expense. TO REOUEST APPOINTMENT OF AN ATTORNEY TO REPRESENT YOU AT STATE EXPENSE, YOU MUST IMMEDIATELY CONTACT the Lane County Juvenile Department, 2727 Martin Luther King Jr. Blvd., Eugene, Oregon 97401, phone number 541/682-4754, between the hours of 8:00 a.m. and 5:00 p.m. for further information. IF YOU WISH TO HIRE AN ATTORNEY, please retain one as soon as possible and have the attorney TO HIRE AN ATTORNEY, please retain one as soon as possible and have the attorney present at the above hearing. If you need help finding an attorney, you may call the Oregon State Bar's Lawyer Referral Service at (503) 684-3763 or toll free in Oregon at (800) 452-7636. IF YOU ARE REPRESENTED BY AN ATTORNEY, IT IS YOUR RESPONSIBILITY TO MAINTAIN CONTACT WITH YOUR ATTORNEY AND TO MEETE YOUR ATTORNEY AND TO KEEP YOUR ATTORNEY ADVISED OF YOUR

WHEREABOUTS. (2) If you contest the petition, the court will schedule a hearing on the allegations of the petition and order you to appear personally and may schedule other hearings related to the petition and order you to appear personally. IF YOU ARE ORDERED TO APPEAR, YOU MIST APPEAR PERSONALLY IN THE MUST APPEAR PERSONALLY IN THE COURTROOM, UNLESS THE COURT HAS GRANTED YOU AN EXCEPTION IN ADVANCE UNDER ORS 419B.918 TO APPEAR BY OTHER MEANS INCLUDING APPEAR BY OTHER MEANS INCLUDING, BUT NOT LIMITED TO, TELEPHONIC OR OTHER ELECTRONIC MEANS. AN ATTORNEY MAY NOT ATTEND THE HEARING(S) IN YOUR PLACE. PETITIONER'S ATTORNEY Anthony H. Dundon, Assistant Attorney General, Department of Justice, 975 Oak Street, Suite 200, Eugene, OR 97401, Phone: (541)686-7973. ISSUED this 30th day of 1941, Phones and 1942 of 19 December, 2020, Issued by: /s/ Anthony H. Dundon, OSB# 143116, Assistant Attorney

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY Probate Department In the Matter of the Estate of: Department in the Matter of the Estate of:
DIANA ELLEN ALLEGER, Deceased. Case
No. 20PB08758 NOTICE TO INTERESTED
PERSONS NOTICE IS GIVEN that Karl
Allegar has been appointed personal representative of this estate. All persons having claims against the estate are required
to present them, with vouchers attached,
to the personal representative (a Robert to present them, with vouchers attached, to the personal representative c/o Robert Cole Tozer, Attorney at Law, 975 Oak St., Suite 615, Eugene, OR 97401, (541)345-0795, within four months of the date of first publication of this notice, or the claims may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of the court, the personal representative, or the personal representative's attorney, Robert Cole Tozer. DATED and first published December 24, 2020. Personal Representative /s/ Karl Alleger

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF LANE Probate Department Case No. 20PB08741 NOTICE TO INTERESTED PERSONS In the Matter of the Estate of Louis Clifton Matter of the Estate of Louis Clifton Dornhecker, Deceased. NOTICE IS HEREBY GIVEN that Tracey Ann Dornhecker has been appointed as the personal representative of the above estate. All persons having claims against the estate are required to present them to the undersigned attorney for the personal representative at 388 State Street, Suite 470, Salem, Oregon 97301, within four months after the date of first publication of this after the date of first publication of this notice, or the claims may be barred. All notice, or the claims may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of the Court, the personal representative, or the attorney for the personal representative. Dated and first published on December 31, 2020. Tracey Ann Dornhecker Personal Representative David A. Bearman, OSB# 170854, Attorney for Personal Representative, 388 State Street, Suite 470, Salem, Oregon 97301, david@bear-470, Salem, Oregon 97301, david@bear manlawoffices.com, Tel (503) 363-4459, Fax (503) 363-7137. Published December 31, 2020, January 7 and 17, 2021.

IN THE SIXTH JUDICIAL DISTRICT COURT OF THE STATE OF NEVADA IN AND FOR THE OF THE STATE OF NEVADA IN AND FOR THE COUNTY OF HUMBOLDT. JULIE MARIE BECKETT, Plaintiff, BRYAN J. GARAY, Defendant. Case No CVO022,393. Dept. No. 2. SUMMONS. THE STATE OF NEVADA SENDS GREETINGS TO THE ABOVE NAMED DEFENDANT: You are hereby SUMMONED and required to serve upon the plaintiff, JULIE MARIE BECKETT, whose address is 2815 Everett Drive Rang. whose address is 2815 Everett Drive, Reno, NV 89503, an ANSWER to the Complaint which is herewith served upon you, within 20 days after service of this Summons upon you, exclusive of the day of service.

In addition, you must file with the Clerk of In addition, you must file with the Clerk of this Court, whose address is shown below, a formal written answer to the complaint, along with the appropriate filing fees, in accordance with the rules of the Court. If you fail to do so, judgment by default will be taken against you for the relief demanded in the Complaint. This action is brought to recover a judgment discolution. brought to recover a judgment dissolving brought to recover a judgment dissolving the contract of marriage existing between you and the Plaintiff. The filer certifies that this document does not contain the social security number of any person. Date October 6th, 2020. CLERK OF THE COURT Print Name: /s/ Tami Rae Spero Signature: /s/ Mikayla Mecham DEPUTY CLERK. 50 W. 5th Street Room 207, Winnemucca, NV 89445

NOTICE IS HEREBY GIVEN that Lance E. Montgomery has been appointed and has qualified as the personal representative of the Estate of Dorothy Doreen Ziebert, deceased, in Lane County Circuit Court Case No. 20PB08578. All persons having claims against the estate are hereby required to present their claims, with er youchers, within four months after proper vouchers, within four months after the date of first publication of this notice, as stated below to the personal representative c/o Tami S.P. Beach, 1184 Olive Street, Eugene, OR 97401, or the claims may be barred. All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the court, the personal representative or the attorney for the representative, or the attorney for the personal representative. Date of first pubpersonal representative. Date of first pub-lication: 12/24/20. PERSONAL REPRESENTATIVE: Lancee E. Montgomery, 246 S. 59th Street, Springfield, OR 97478. ATTORNEY FOR PERS. REP.: Tami S.P Beach, 1184, Eugene, OR 97401

NOTICE TO INTERESTED PERSONS ESTATE NOTICE TO INTERESTED PERSONS ESTAILE
OF ALICE FERN TAPP LANE COUNTY
CIRCUIT COURT CASE NO. 20PB08215
NOTICE IS HEREBY GIVEN that the undersigned has been appointed Personal
Representative. All persons having claims against the estate are required to present them, with written evidence thereof attached, to the Personal Representative Karen Reid, c/o Janice L. Mackey, Hutchinson Cox, PO Box 10886, Eugene, Hutchinson Cox, PO Box 10886, Eugene, Oregon 97440. All persons having claims against the estate are required to present them within four months after the date of first publication of this notice to the Personal Representative at the address stated above for the presentation of claims or such claims may be barred. All persons whose rights may be affected by these proceedings may obtain additional these proceedings may obtain additional information from the records of the Court, the Personal Representative, or the Attorney for the Personal Representative, above.DATED AND FIRST PUB-LISHED 12/24/20

NOTICE TO INTERESTED PERSONS ESTATE OF ALLEN F. BLUNCK LANE COUNTY CIRCUIT COURT CASE NO. 20 PB 08570 NOTICE IS HEREBY GIVEN that the undersigned has been appointed personal representative. All persons having claims against the estate are required to present them, with written evidence thereof attached, to the undersigned personal representative at Keith Blunck c/o Mark M. Williams, Attorney at Law, 66 Club Road, Suite 200, Eugene, OR 97401. All persons Suite 200, Eugene, OR 97401. All persons having claims against the estate are required to present them within four months after the date of first publication of this notice to the Personal Representative at the address stated above for the presentation of claims or such claims may be barred. All persons whose rights may be affected by these proceedings may obtain additional information from the records of the Court the mation from the records of the Court, the Personal Representative, or the Attorney for the Personal Representative, named above. Dated and first published December 24, 2020. PERSONAL





PET OF THE WEEK! Everybody deserves a good home 541-689-1503 www.green-hill.org



88530 Green Hill Rd Meet Daisy Mae, she has been at the shelte early October patiently waiting for her perfect family! This active 6-year-old mixed breed is looking to join an outgoing family that will take her on lots of adventures! She has a high energy level and would thrive with an active family that will take her on long, daily walks

and throw the ball with her. She loves to go out in the yard and run around chasing toys. Not only does she have the cutest smile, but she is very smart and eager to please! She is looking for a companion that will continue giving her positive reinforcem training and work on basic manners. A staff member said, "Daisy Mae wants to do all the things, all the time! She will make an awesome hiking partner. Once she warms up to you she is the absolute sweetest." Daisy Mae should go to a dog and cat free home She will probably do okay with kids as long as they can respect her space and things. She has red and white fur and weighs between 45 50 lbs. She is up to date on vaccinations, microchipped and spayed.

Daisy Mae has a lot of love to give and can't wait to find her person!

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REPRESENTATIVE: Keith E. Blunck, 6776
"D" Street, Springfield, Oregon 97478
ATTORNEY FOR PETITONER/PERSONAL
REPRESENTATIVE: Mark M. Williams,
OSB#821404, 66 Club Road, Suite 200,
Eugene, OR 97401-2459 541-3936720/541.344-7487 FAX mark@williams-law.com

NOTICE TO INTERESTED PERSONS ESTATE
OF EDITH ELAINE CANOY LANE COUNTY
CIRCUIT COURT CASE NO. 20 PB 0861
NOTICE IS HEREBY GIVEN that the undersigned has been appointed personal representative. All persons having claims against the estate are required to present them, with written evidence thereof attached, to the undersigned personal representative at Penny Haider o/o Mark M. Williams, Attorney at Law, 66 Club Road, Suite 200, Eugene, 0R 97401. All persons having claims against the estate are required to present them within four months after the date of first publication of this notice to the Personal Representative at the address stated above for the presentation of claims or such claims may be barred. All persons whose rights may be affected by these proceedings may obtain additional information from the records of the Court, the Personal Representative, or the Attorney for the Personal Representative, named above. Dated and first published December 24, 2020. PERSONAL REPRESENTATIVE: Penny Haider, 5734 Valleywood Loop SE, Salem, OR 97306. ATTORNEY FOR PETITONER/PERSONAL REPRESENTATIVE: Mark M. Williams, OSB#821404, 66 Club Road, Suite 200, Eugene, OR 97401-2459 541-343-6720/541.344-7487 FAX mark@williams-law.com

NOTICE TO INTERESTED PERSONS ESTATE
OF JOSEPH BERT VILLANUEVA LANE
COUNTY CIRCUIT COURT CASE NO.
20PB08634 NOTICE IS HEREBY GIVEN
that the undersigned has been appointed
Personal Representative. All persons having claims against the estate are required
to present them, with written evidence
thereof attached, to the Personal
Representative Al Villanueva, c/o Janice L.
Mackey, Hutchinson Cox, PO Box 10886,
Eugene, Oregon 97440. All persons having
claims against the estate are required to
present them within four months after the
date of first publication of this notice to
the Personal Representative at the
address stated above for the presentation
of claims or such claims may be barred. All
persons whose rights may be affected by
these proceedings may obtain additional
information from the records of the Court,
the Personal Representative,
or the
Attorney for the Personal Representative,
named above. Dated and first published
12/31/20

NOTICE TO INTERESTED PERSONS IN THE CIRCUIT COURT FOR THE STATE OF OREGON FOR LANE COUNTY - PROBATE DEPARTMENT Case No. 20PB07380 In the matter of the Estate of Russell Harol Tegtmeier, Decedent, NOTICE IS HEREBY GIVEN that Sara Devaney has been appointed personal representative. All

persons having claims against the estate are required to present them, with vouchers attached, to the aforementioned personal representative c/o Northwest Legal, Attn: Jinoo Hwang, 975 Oak Street, Suite 700, Eugene, OR 97401, within four months after the date of first publication of this notice, or the claims may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of the court, the personal representative, or the attorney for the personal representative, Northwest Legal, Attn: Jinoo Hwang, 975 Oak Street, Suite 700, Eugene, OR 97401

NOTICE TO INTERESTED PERSONS NOTICE IS HEREBY GIVEN that the undersigned has been appointed Personal Representative of the ESTATE OF FRANK EDWIN WENDT, deceased, Lane County Probate Case No. 20PBO8796. Any person having a claim against the Estate is required to present their claim(s), with vouchers attached, to Kelly McCorkle, PR, Estate of Frank Edwin Wendt, c/o Alan Buchalter, 399 East 10th Avenue, Eugene, Oregon 97401, within four months after the date of first publication of this Notice, or the claim(s) may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of the Court, the Personal Representative, or the attorney for the Personal Representative, or the attorney for the Personal Representative, PO Box 915, Veneta, Oregon 97487, ATTORNEY FOR PERSONAL REPRESENTATIVE: Alan R. Buchalter, OSB No. 922427, 399 East 10th Avenue, Eugene, Oregon 97401 (541) 484-4414

NOTICE TO INTERESTED PERSONS: Probate administration proceedings in the Estate of Darlene Grace Woolman, Deceased, are now pending in the Circuit Court of the State of Oregon for Lane County, Case No. COPBO8745, and Deborah Lynn Westbrooks has been appointed Personal Representative of the estate. All persons having claims against the estate are required to present the same, with proper vouchers, to the Personal Representative, c/o Gleaves Swearingen LLP, Attorneys at Law, 975 Oak Street, Suite 800, Eugene, OR 97401, within 4 months from the date of the first publication of this notice or such claims may be barred. NOTICE IS FURTHER GIVEN to all persons whose rights may be affected by the above-entitled proceedings that additional information may be obtained from the records of the Court, the Personal Representative or the attorneys for the Personal Representative. Dated and first published this 24th day of December, 2020.

NOTICE TO INTERESTED PERSONSIN THE CIRCUIT COURT FOR THE STATE OF OREGON FOR LANE COUNTY - PROBATE DEPARTMENT Case No. 20PB09073 in the matter of the Estate of Adrienne Lee Coleman, Decedent, NOTICE IS HEREBY GIVEN that Bruce Burke has been appointed personal representative. All persons having claims against the estate are required to present them, with vouchers

attached, to the aforementioned personal representative c/o Northwest Legal, Attr.: Jinoo Hwang, 975 Oak Street, Suite 700, Eugene, OR 97401, within four months after the date of first publication of this notice, or the claims may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of the court, the personal representative, or attorney for the personal representative, Northwest Legal, Attn: Jinoo Hwang, 975 Oak Street, Suite 700, Eugene, OR 97401.

NOTICE TO INTERESTED PERSONS NOTICE IS HEREBY GIVEN that the undersigned been appointed been appointed Personal entative of the ESTATE OF MARY KEHAUNANI CLARK ALEXANDER , deceased, Lane County ALEXANDER, deceased, Lane County Probate Case No. 20PB08862. Any person having a claim against the Estate is required to present their claim(s), with vouchers attached, to Brian M. Alexander, PR, Estate of Mary Kathryn Kehaunani Clark-Alexander, c/o Alan R. Buchalter, 399 East 10th Avenue, Eugene, Oregon 974011 within four months after the date of 97401, within four months after the date of first publication of this Notice, or the claim(s) may be barred. All persons whose rights may be affected by the proceedings av obtain additional infor ation from may obtain additional information from the records of the Court, the Personal Representative, or the attorney for the Personal Representative. Dated and first published: 01/07/21. /s/ Brian M. Alexander, Personal Representative, 1265 Taney Street, Eugene, Oregon 97402, ATTORNEY FOR PERSONAL REPRESENTATIVE: Alan R. Buchalter OSR No. 922477. 399 East 10th Buchalter, OSB No. 922427, 399 East 10th Avenue, Eugene, Oregon 97401, (541) 484-4414

SUMMONS: Notice is hereby given to JEREMIAH STEELE that LISA A. CAPPS and DANNY C. CAPPS have filed a Petition for Adoption in the Lane County Circuit Court of the State of Oregon, Case No OOAPOO791 for the adoption of DEZARAY M. HUARD. YOU ARE HEREBY REOURED to appear and defend the petition filed against you in the above-entitled cause. The answer must be given to the court clerk or administrator for Lane County Circuit Court within 30 days of the date of first publication herein with the required filing fee. NOTICE TO RESPONDENT: READ THESE PAPERS CAREFULLY! You must "appear" in this case or the other side will win automatically. To "appear" you must file with the court a legal paper called a "motion" or "answer." The "motion" or "answer." The "motion" or "answer must be given to the court clerk or administrator within 30 days along with the required filing fee. It must be in proper form and have proof of service on Petitioner's lawyer or, if Petitioner does not have a lawyer, proof of service upon Petitioner. If you have any questions, you should see a lawyer immediately. If YOU MAY CALL THE OREGON STATE BAR'S LAWYER REFERRAL SERVICE AT (503) 894-3763 OR TOLL-FREE IN OREGON AT (800) 452-7636. By: Ryan M. Gifford, Attorney for Petitioners, P.O. Box 247, Cottage Grove, OR 97424



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SAVAGE LOVE

European Adventures BY DAN SAVAGE



We're an adventurous, bisexual, non-monogamous, opposite-sex couple with teenage kid living in Europe. We don't really struggle with finding and trying new and interesting stuff in bed. However, we do have a problem and it's getting worse. Having sex is, well, weird, when the kid is at home. We can't be loud, we can't watch porn, w can't webcam with other people, we can't do anything involved or time-consuming, like ropes or pegging or foursomes or whatever. We can't even fuck in the shower. When he was little we had some plausible deniability, but teenagers know exactly what mom and dad do when they shower together. And it's weird and makes us both not want to. And we're not imagining it. Our son frequently reminds us that he can hear everything that happens in the house. Before we took a lot of it outside or to clubs or other places. And he had sports clubs and sleepovers and vacations at grandparents and we could do our thing at home when he was gone. All of that is over now and has been for almost a year. We really like having sex with each other but it has been just very quiet quickies during the day while he's doing school online or waiting for those rare nights when he is more tired than we are and goes to bed first. It's been almost a year of this. Way less people want to meet up now, clubs are closed and traveling is irresponsible. So before we plunge into another year, which as far as I can tell does not look that different circumstance-wise, any tips?

— Cabin Fever

While a lot of teenagers are performatively disgusted about their parents fucking around, CF, a little tangible/audible evidence that mom and dad — or dad and dad or mom and mom or nonbinary parent No. 1 and nonbinary parent No. 2 — are still into each other is, on some other level, reassuring. Because if your parents are still fucking each other that means your parents still like each other. And if your parents still like each other that means you don't have to worry about your parents leaving each other and throwing your world into chaos. So while overhearing your parents fuck may not be comfortable, it can be comforting.

But if you can't power through your son's disgust a la Diane and Elliott Birch on *Big Mouth* — if knowing your son might overhear dad getting pegged or mom getting railed on cam is a boner killer for you and a dehumidifier for the wife—then you'll just have to resign yourself to quickies for the duration of the pandemic. That means no fucking around in sex clubs for you and no sleepovers at grandma's house for him for at least the next six months, CF, if not longer.

Zooming out...

We talk a lot about parents who blow up when their children masturbate and parents who melt down when their teenagers ask for contraception or parents who shame their kids for being gay or kinky or sexually active or just sexual. While these asshole parents can't make their gay kids straight of their kinky kids vanilla or somehow de-activate their sexually active kids, they can do real and lasting damage. The exaggerated disgust of a sex-negative teenager is lot less likely to do any permanent harm to you or your wife — your son's disgust is merely and temporarily inhibiting — and you aren't going to need therapy to solve this problem. You just need him to grow the fuck up and move the fuck out.

In the meantime, CF, go ahead and take those long showers together. And if your son objects — if he shames you — just remind him that the front door isn't nailed shut and he won't hear anything if he takes a fucking walk.

My boyfriend and I have been together for four years. I am 25 years old and he is 33 years old. I'm thinking about ending our relationship. I love him, but I don't see it working out. Our sex life is almost non-existent. I have low sex drive and can go long stretches without the need for sex. His sex drive, on the other hand, is very high. I've brought up opening the relationship but he is very opposed to the idea. The reason I brought up outside partners, besides the sex-drive thing, is that we both have different kinks. Some overlap, but a majority of our interests aren't shared.

I will be moving to Belgium soon to advance my career. When I told my boyfriend he said he wanted to go with me because he wanted to be wherever I was. He didn't say anything about his own goals for the future. He has mentioned to me on several instances that he would like to write a book but he has not written a word in all the time we've been dating. He doesn't seem to have any drive or passion which kind of scares me. Another big issue is that my boyfriend is having serious financial difficulties and declared bankruptcy a few months ago. I was blindsided by this since we don't have combined finances or live together and he never indicated that he was having financial trouble. As I mentioned earlier, I am thinking of ending our relationship. I love him, but I just don't know if staying with him is the right thing. I don't want to hurt him, and I don't see things going down well if I break up with him. Should I stay? Should I go?

— Concerned About Relationship Enduring Economic Repercussions

You haven't moved in together, you haven't mingled your finances, you haven't adopted a houseplant or a dog or a child. Which makes going — leaving your boyfriend when you leave for Belgium — pretty painless and uncomplicated logistically, CAREER, even if it's still going to be painful emotionally.

You say you love your boyfriend, CAREER, and I believe you. And if everything was working except your boyfriend's financial issues, I would urge you to give him a little more time — not infinite time — to get his shit together. And not everyone is ambitious for professional success; some people's ambitions are harder to recognize because they don't revolve around making money. Two people with no professional ambitions might find it hard to make their way in the world — someone's gotta pay the rent — but a supportive non-striver often makes a great partner for a striver. And I don't know if you've been following the news, CAREER, but there's a pandemic on and a lot of people are struggling financially right now. Your boyfriend isn't the only person who had to declare bankruptcy in 2020.

But I nevertheless think you should end this relationship. You obviously aren't sexually compatible, CAREER, and you're definitely going to wanna explore your kinks — without guilt or encumbrance — once you get to Belgium. Openness is the only way to make it work when two people have a lot of kinks but not a lot of kink overlap. Kinks can't be wished away or waved off, as much as people like to pretend they can be (and not just vanilla people); kinks are hard-wired and some outlet — some way to express and enjoy them — is necessary for a kinky person to feel fulfilled and content. You might've been able to make the relationship work if your boyfriend was willing to open it up but he's not; and you're not comfortable, at least at this stage of life, with a partner who isn't a striver. Getting dumped is going to suck for your boyfriend, of course, but he'll be better off in the long run with someone who comes closer to matching his libido and who doesn't care that his ambitions, whatever they might be, don't revolve around his career. And who knows? Maybe he'll wind up writing a book about your breakup.

Enjoy Belgium, CAREER, it's a good place for a young gay man to explore his kinks

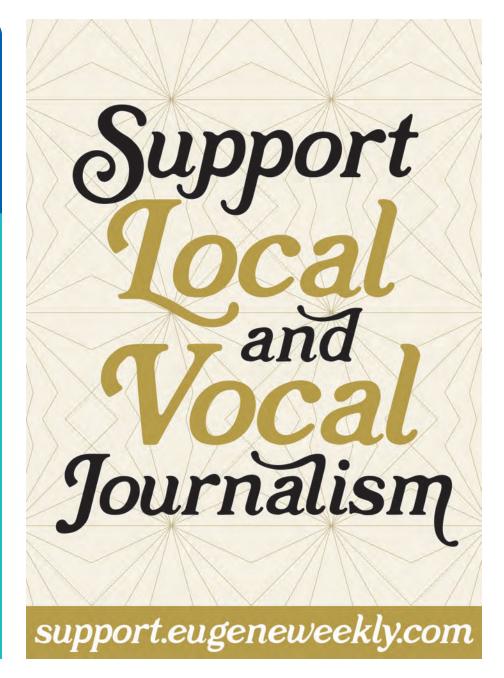
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JANUARY 7, 2021







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